

# **Prescription Instructions for Surgery**

- Peridex Mouthrinse-Do not use until day following surgery. Rinse twice a day using a *gentle bathing* rinse. (After breakfast and at bedtime.) This mouthrinse is used to reduce bacteria until you can return to your normal brushing routine.
- Periosciences Gel- Do not use until day following surgery. Dispense pea-sized amount 5 times a day for first 2 weeks. Bottle will be dispensed to you the day of your surgery.
- **Etodolac** Take one tablet one hour prior to appointment *unless you are having IV sedation.* Patients having IV sedation will take their first dose after surgery at home. Take tabs every 8 hours for the first 48 to 72 hours. Continue taking the Etodolac beyond this period of time if necessary. This is an anti-inflammatory pain medication to reduce discomfort and swelling following your dental surgery. All other anti-inflammatory medications should be stopped while taking Etodolac.
- Norco (Hydrocodone with Acetaminophen)- This is a narcotic pain medication. or Tramadol- It may or may not be necessary for you to take. It is provided in the event the Etodolac does not adequately control pain. You may alternate doses of this medication and Etodolac every 4 hours. This prescription will be given to you at the time of surgery.
- □ **Zithromax (Azithromycin)** Begin this antibiotic the day before surgery appointment. Discontinue cholesterol medications during the 5 days you are taking Zithromax and an additional 5 days afterwards. (stop cholesterol med for 10 days total) As with any antibiotic, this will interfere with birth control methods and a back up is necessary until your next regular menstrual cycle.
- Amoxicillin or Clindamycin Begin this antibiotic the day before surgical appointment. As with any antibiotic, this will interfere with birth control methods and a back up is necessary until your next regular menstrual cycle.
- Augmentin Begin this antibiotic the day before surgical appointment. As with any antibiotic, this will interfere with birth control methods and a back up is necessary until your next regular menstrual cycle.
- IV Surgery- Take any high blood pressure medication or anti- seizure medication as usual. If taken in the morning take with a small sip of water. If you are diabetic please check your blood sugar levels the morning of surgery.



Steven W. Hamrick, DMD Sheppard A. McKenzie IV, DDS, MS Travis J. Whitley, DDS, MS

## OFFICE INFORMATION

Our office strives to deliver the highest quality of periodontal and implant care possible. We are committed to the delivery of your treatment in a well organized, efficient, and caring atmosphere. Periodontal therapy is as much an educational experience as it is a treatment experience, so we intend for you to fully understand the nature and extent of your problem. Please feel free to ask questions regarding any aspect of your proposed therapy.

## INFECTION CONTROL

Our office utilizes state-of-the-art infection control procedures and exceeds recommendations of the American Dental Association and OSHA for sterilization and infection control. We want you to feel safe and protected while undergoing treatment with our office. Should you have any questions related to these procedures, please do not hesitate to ask any clinical staff member.

### APPOINTMENT POLICY

Patients are seen by appointment, Monday through Wednesday, 8:30 a.m. to 4:30 p.m & Thursday 7am to 2:30pm. We try our best to stay on schedule, although emergencies sometimes arise. If there are serious delays, we will try to notify you beforehand. Please assist us by being on time for your appointments. For those who have difficulty keeping scheduled appointments, we will attempt to accommodate you with short notice openings in our schedule.

## **CANCELLATIONS**

The nature of our service is such that we reserve time especially for you. If you are unable to keep your appointment, cancellations should be made two days prior to your non-surgical appointment. Changes to any surgical appointments require a notice of one week. This allows us to be of service to other patients.

#### FINANCIAL POLICY

All patients are responsible for charges once treatment has been performed. As a courtesy to our patients with dental insurance, we will file with most plans if we are supplied with necessary information. However, we do ask that payment be made in full, and your insurance carrier will be instructed to reimburse you. Our business manager will discuss financial arrangements in detail during your consultation appointment.

## **EMERGENCIES**

If you have an urgent problem that cannot wait, please call the office as early as possible in the morning so that we will be able to see you with minimal waiting. If you need emergency attention after office hours, you may call Dr. Hamrick at 280-8317 (cell), or Dr. Travis Whitley at 252-883-8881 (cell), or Dr. McKenzie at 360-8450 (cell).

### CONFIDENTIALITY

Your dental record is strictly private, and our office follows HIPAA guidelines for confidentiality. No information regarding your condition will be given to your employer, friends, or relatives without your permission.