

Prescription Instructions for Surgery

- ❑ **Peridex Mouthrinse**-Do not use until day following surgery. Rinse twice a day using a *gentle bathing* rinse. (After breakfast and at bedtime.) This mouthrinse is used to reduce bacteria until you can return to your normal brushing routine.
- ❑ **Perioscience Gel**- Do not use until day following surgery. Dispense pea-sized amount 5 times a day for first 2 weeks. Bottle will be dispensed to you the day of your surgery.
- ❑ **Ibuprofen & Tylenol regimen**- Begin taking the prescription Ibuprofen 600mg and one over the counter Extra Strength Tylenol 500mg one hour before surgery time *unless you are having IV sedation*. Patients having IV sedation will take their first regimen after surgery at home. Continue to take Ibuprofen and Tylenol regimen every 6 hours for the next 3-4 days following surgery or longer as needed. Ibuprofen is an anti-inflammatory pain medication to reduce discomfort and swelling following your dental surgery. All other anti-inflammatory medications should not be taken at the same time as Ibuprofen or Etodolac.
 - **Etodolac** (an alternative to Ibuprofen)- Begin taking one hour before surgery time *unless you are having IV sedation*, if IV sedation begin after surgery at home. Continue to take twice a day for the next 3-4 days following surgery or longer as needed. You can take Tylenol as needed.
- ❑ **Tramadol** (This is a narcotic pain medication)- This can be taken as prescribed as needed for discomfort.
- ❑ **Zithromax (Azithromycin)** – Begin this antibiotic the day before surgery appointment. Discontinue cholesterol medications during the 5 days you are taking Zithromax and an additional 5 days afterwards. (stop cholesterol med for 10 days total) As with any antibiotic, this will interfere with birth control methods and a back up is necessary until your next regular menstrual cycle.
- ❑ **Amoxicillin or Clindamycin** - Begin this antibiotic the day before surgical appointment. As with any antibiotic, this will interfere with birth control methods and a back up is necessary until your next regular menstrual cycle.
- ❑ **Augmentin** – Begin this antibiotic the day before surgical appointment. As with any antibiotic, this will interfere with birth control methods and a back up is necessary until your next regular menstrual cycle.
- ❑ **IV Surgery**- Take any high blood pressure medication or anti- seizure medication as usual. **If taken in the morning take with a small sip of water**. If you are diabetic please check your blood sugar levels the morning of surgery